

CLINICAL
MANAGEMENT
OF SEX
ADDICTION

EDITED BY
PATRICK J. CARNES
AND KENNETH M. ADAMS

Clinical Management Of Sex Addiction

Paula Hall



Clinical Management Of Sex Addiction:

Clinical Management of Sex Addiction Patrick Carnes, Kenneth M. Adams, 2013-06-17 This is the first comprehensive volume of the clinical management of sex addiction Collecting the work of 28 leaders in this emerging field the editors provide a long needed primary text about how to approach treatment with these challenging patients The book serves as an excellent introduction for professionals new to the field as well as serving as a useful reference tool The contributors are literally the pioneers of one of the last frontiers of addiction medicine and sex therapy With a growing awareness of sex addiction as a problem plus the advent of cybersex compulsion professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation This is the first book distilling the experience of the leaders in this emerging field With a focus on special populations it also becomes a handy problem solving tool Readable concise and filled with useful interventions it is a key text for a problem clinicians must be able to identify It is destined to be a classic reference

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Mending a Shattered Heart Stefanie Carnes, 2011 Practical advice on how to deal with the trauma of discovering that one s spouse or partner is a sex addict

Clinical Management of Sex Addiction Patrick J. Carnes, Kenneth M. Adams, 2019-11-28 Clinical Management of Sex Addiction s newest edition updates many of the original chapters from 28 leaders in the field with new findings and treatment methods in the field of sex addiction With a growing awareness of sex addiction as a problem plus the advent of cybersex compulsion professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation This is the first book distilling the experience of the leaders in this emerging field It additionally provides new chapters on emerging areas of interest including partner counseling trauma and sexual addiction and adolescent sex addiction With a focus on special populations the book creates a current and coherent reference for the therapist who faces quickly escalating new constellations of addictive sexual behavior Readable concise and filled with useful interventions it is a key text for professionals new to the field and a classic reference for all clinicians who treat sex addiction

Sex Addiction Barry Reay, Nina Attwood, Claire Gooder, 2015-08-06 The concept of sex addiction took

hold in the 1980s as a product of cultural anxiety Yet despite being essentially mythical sex addiction has to be taken seriously as a phenomenon Its success as a purported malady lay with its medicalization both as a self help movement in terms of self diagnosis and as a rapidly growing industry of therapists treating the new disease The media played a role in its history first with TV the tabloids and the case histories of claimed celebrity victims all helping to popularize the concept and then with the impact of the Internet This book is a critical history of an archetypically modern sexual syndrome Reay Attwood and Gooder argue that this strange history of social opportunism diagnostic amorphism therapeutic self interest and popular cultural endorsement is marked by an essential social conservatism sex addiction has become a convenient term to describe disapproved sex It is a label without explanatory force This book will be essential reading for those interested in sexuality studies contemporary history psychology psychiatry sociology media studies and studies of the Internet It will also be of interest to doctors and therapists currently working in this and related fields

Handbook of Addictive Disorders Robert Holman Coombs, 2004-04-28 The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders This book brings together an array of international experts on addictive disorders Robert Coombs's Handbook of Addictive Disorders discusses the contemporary issues surrounding the understanding of addiction from diagnosis to treatment of an addicted client The Handbook of Addictive Disorders is an example of practical and clinical information at its best Lorraine D Grymala Executive Director American Academy of Health Care Providers in the Addictive Disorders The Handbook of Addictive Disorders A Practical Guide to Diagnosis and Treatment is a comprehensive state of the art resource featuring valuable contributions from a multidisciplinary team of leading experts This unique guide deftly defines addiction and examines its comorbidity with other problems Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them planning effective treatment and selecting appropriate interventions Chapters on public policy and prevention are of indispensable value in light of this growing health concern The only reference available to cover the full spectrum of addictions and addictive behaviors the Handbook of Addictive Disorders provides the most current research and treatment strategies for overcoming Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies figures and diagrams lists of practical interventions for each disorder and self assessment exercises for clients Psychologists addiction counselors social workers and others working in the addictions field will find the Handbook of Addictive Disorders to be an essential resource for practical validated information on all types of addictions and their related problems

Sexual Addiction: Understanding and Treatment Paul Becker MAEd LPC, 2015-02-23 The book Sexual Addiction Understanding and Treatment introduces graduate level students to the field of sexual addiction Graduate schools seek a textbook that specifically addresses the dynamics of sex addiction to complete their counseling education curriculum Some professors have indicated that there is a dearth of targeted instructional content This book fills that need As a compendium of Dr Carnes research related to the

treatment of sexually addicted men and women the book will serve as clinical manual for therapists Therapists are invited to use the recovery program presented as an effective treatment regimen for sex addicts Internet pornography addicts men and women who have a weakness for sexual stimulation One estimate is that as much as half of the male population and a third of the female population are addicted to pornography The need for a relevant clinical tool is real As such the book contains thirty six therapeutic exercises to help sexually addicted men and women in conjunction with sex addiction therapy to achieve long term sexual sobriety

Understanding and Treating Sex Addiction Paula Hall,2013 Sex addiction is on the increase in the media as well as in the therapy room But while more and more people seek help for their compulsive sexual behaviours there is still confusion and debate about whether the condition even exists Understanding and Treating Sex Addiction explains why an increasing number of people are inadvertently finding their lives devastated by their sexual behaviours It explores the latest scientific understandings and research into why pornography cyber sex visiting sex workers fetishes and multiple affairs can come to control some people s lives to the point that they can t stop It explains how sex addiction is not a moral issue as some assume but a health issue that we as a society need to start taking seriously Throughout the book are the revealing statistics from the UK s latest survey on sex addiction Three hundred and fifty people who struggle with this condition have bravely and candidly shared their experience for the benefit of their fellow sufferers and those who choose to help them This book contains support and advice for both the clinician and for those who suffer from sex addiction As well as practical guidance and techniques for stopping compulsive behaviours and preventing relapse there is also a thorough exploration of the deeper underlying causes and how these must be addressed

Transformative Social Work Practice Erik M.P. Schott,Eugenia L. Weiss,2015-08-24 Transformative Social Work Practice presents an innovative and integrative approach towards critically reflective practice with an interweaving of micro mezzo and macro applications to real world demands Authors Erik Schott and Eugenia L Weiss explore issues commonly addressed by social workers including health mental health addictions schools and family and community violence while challenging assumptions and promoting ethically driven evidence based practice perspectives to advocate for social justice and reduce disparities The book is about redefining social work practice to meet the current and complex needs of diverse and vulnerable individuals families and communities in order to enhance their strengths in an era of unprecedented technological growth globalization and change

Clinical Guide for the Treatment of Male Sexual Addiction Paul Becker,2013-02-06 The book Clinical Guide for the Treatment of Male Sexual Addiction will facilitate therapists use of the books Recovery from Sexual Addiction a Mans Guide and the accompanying Workbook in individual therapy or a group program The guide may serve as a syllabus for a Sex Addiction Therapy Group program It supports clinical therapists by providing insightful guidance and interventions to help men who wish to end addictive sexual behaviors The program objective is to lead men through a structured clinical process to help them become aware and understand the complex factors that contribute to sexual addiction and steps they can take

to achieve long term recovery Unwanted sexual behavior and addiction have become rampant in todays society largely through the availability of Internet pornography For example Family Safe Media reports that 40 million men regularly visit Internet pornography sites It is so insidious that when a man looks to his left and then to his right he will likely encounter a man for whom pornography is a major problem in his home Increasingly therapists will need clinical knowledge in order to work with sexually addicted men as well as with couples in marital counseling where the male is sexually addicted The book Clinical Guide for the Treatment of Male Sexual Addiction is intended to guide therapists efforts to serve this growing population

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