



Cómo solucionar nuestros problemas humanos

G.K. GYATSO



Gendun Kelsang Gyatso

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Las cuatro nobles verdades

Como Solucionar Nuestros Problemas Humanos

Ian Pickup



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Budismo moderno - Volumen 3: Oraciones para la pr ctica diaria Gueshe Kelsang Gyatso,2011-01-01 Budismo moderno es una fuente inagotable de inspiraci n y nos ofrece soluciones desde la perspectiva budista a los problemas que se nos presentan en la vida Asimismo anima a los practicantes de cualquier creencia a profundizar en la comprensi n y pr ctica del camino espiritual Este libro nos ense a a construir la base del camino espiritual a recorrerlo y completarlo Si cultivamos la compasi n y la sabidur a seremos capaces de solucionar todos nuestros problemas cotidianos y daremos verdadero sentido a nuestra vida Con las alas de la compasi n y la sabidur a es posible alcanzar la iluminaci n con rapidez Volumen 3 Oraciones para la pr ctica diaria presenta una colecci n de oraciones de sutra y tantra para la pr ctica diaria como Oraci n liberadora Oraciones para meditar El yoga de Buda Heruka Sadhana de Avalokiteshvara adem s de un glosario de t rminos lecturas recomendadas y los datos de la editorial Si practicamos estas oraciones con regularidad cultivaremos la compasi n y la sabidur a podremos mantenerlas en la vida diaria y desarrollar con rapidez nuestro potencial humano **Nuevo ocho pasos hacia la felicidad** Gueshe Kelsang Gyatso,2017-07-01 El modo budista de amar

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