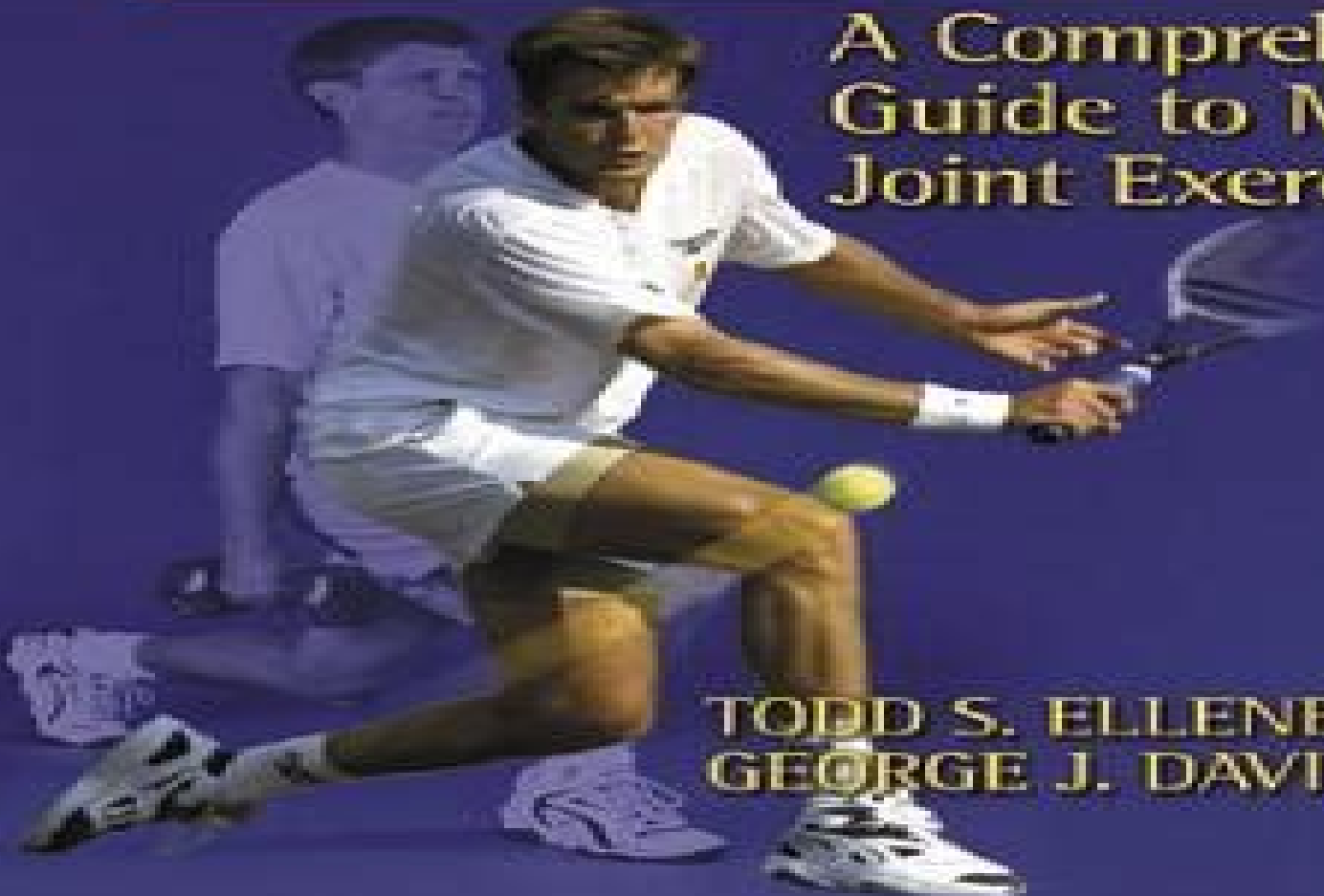


CLOSED KINETIC CHAIN EXERCISE

A Comprehensive
Guide to Multiple
Joint Exercise



TODD S. ELLENBECKER
GEORGE J. DAVIES

Closed Kinetic Chain Exercise A Comprehensive Guide To Multiple Joint Exercises

Liying Dong



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