

# LED Direct's Guide for CIBSE Recommended Lighting Levels

**LED DIRECT**

## OFFICES

|                        |               |
|------------------------|---------------|
| General                | 500 lux       |
| Computer work stations | 300 – 500 lux |
| Filing rooms           | 300 lux       |
| Print rooms            | 300 lux       |
| Drawing office         | 500 lux       |
| Drawing boards         | 750 lux       |
| CAD design areas       | 300 – 500 lux |

## RETAILING

|                      |               |
|----------------------|---------------|
| Small retail outlets | 500 lux       |
| Supermarkets         | 750 lux       |
| Hypermarkets         | 1000 lux      |
| DIY superstore       | 1000 lux      |
| Garden centres       | 500 lux       |
| Showrooms            | 500 – 750 lux |

## CIRCULATION AREAS

|                      |                |
|----------------------|----------------|
| Lifts                | 100 lux        |
| Corridors & stairs   | 100 lux        |
| Escalators/Conveyors | 150 lux        |
| Atria                | 50 – 200 lux   |
| Atria with plants    | 500 – 3000 lux |
| Entrances/Exits      | 200 lux        |

## ENGINEERING

|                        |                |
|------------------------|----------------|
| Tool shops             | 500 – 750 lux  |
| Arc welding            | 500 lux        |
| Spot welding           | 500 – 1000 lux |
| Heavy machine assembly | 300 lux        |
| Inspection and testing | 500 – 2000 lux |

## BANKS & BUILDING SOCIETIES

|                 |         |
|-----------------|---------|
| Counter offices | 500 lux |
| Public areas    | 500 lux |

## STAFF AREAS

|                          |         |
|--------------------------|---------|
| Changing rooms & toilets | 100 lux |
| Restrooms                | 150 lux |
| Restaurants & canteens   | 200 lux |

## KITCHENS

|                            |         |
|----------------------------|---------|
| Serving & washing up areas | 500 lux |
| Food preparation & cooking | 500 lux |
| Food stores                | 150 lux |

## PUBLIC ACCESSIBILITY

|                          |         |
|--------------------------|---------|
| Churches & village halls | 200 lux |
|--------------------------|---------|

## COMMUNICATION

|              |         |
|--------------|---------|
| Switchboards | 300 lux |
| Post rooms   | 500 lux |

## DISTRIBUTION & STORAGE

|                       |         |
|-----------------------|---------|
| Loading bays          | 150 lux |
| Unpacking & sorting   | 200 lux |
| Large item stores     | 100 lux |
| Small-item stores     | 200 lux |
| Trade counter         | 500 lux |
| Warehouse/Bulk Stores | 100 lux |
| Packing & despatch    | 300 lux |
| Cold stores           | 300 lux |

## BUILDING SERVICES AREAS

|                        |         |
|------------------------|---------|
| Boiler house           | 100 lux |
| Control rooms          | 300 lux |
| Mechanical plant rooms | 150 lux |
| Electrical plant rooms | 100 lux |

## GENERAL AREAS

|                          |         |
|--------------------------|---------|
| Entrance halls & lobbies | 200 lux |
| Enquiry desks            | 500 lux |
| Gatehouses               | 200 lux |



To discuss your project today, call

**0333 0230 827**



Or email us about your lighting project now!

**info@leddirect.co.uk**

The infographic above provides a helpful guide to the CIBSE recommended lighting levels for the most common premises types. This is only a guide and any specific building requirements need to be carefully considered. If in doubt, consult our expert! LED Direct can provide advice on the correct lighting solution for any application, drawing on our decades of experience in the lighting sector.

# Cibse Lighting Guide 5

**Xiang Xie**



## **Cibse Lighting Guide 5:**

**Lamps and Lighting** M.A. Cayless, 2012-08-21 This book is a comprehensive guide to the theory and practice of lighting. Covering the physics of light production, light sources, circuits and a wide variety of lighting applications, it is both suitable as a detailed textbook and as a thoroughly practical guide for practising lighting engineers. This fourth edition of *Lamps and Lighting* has been completely updated with new chapters on the latest lamp technology and applications. The editors have called upon a wide range of expertise and as a result many sections have been broadened to include both European and US practice. The book begins with a description of the fundamentals of light, vision, colour and measurement. Part II, the main section of the book, deals with lamps and control equipment and includes descriptions of all lamp types in use today. Part III on lighting covers both interior and exterior applications.

**Code for Lighting** Cibse, 2007-06 The *Code for Lighting* has been revised and updated to include exterior lighting as well as interior lighting. The book takes into account new legislation such as the 2002 revision of Part L of the Building Regulations as well as new and forthcoming International and European Standards on lighting and ergonomics. It also reflects new initiatives on energy conservation in the UK. This book is primarily intended to provide guidance to those responsible for the design, installation, commissioning, operation and maintenance of building services.

**Code for Lighting** Chartered Institution of Building Services Engineers, Society of Light and Lighting, 2002 The *Code for Lighting* has been revised and updated to include exterior lighting as well as interior lighting. The book takes into account new legislation such as the 2002 revision of Part L of the Building Regulations as well as new and forthcoming International and European Standards on lighting and ergonomics. It also reflects new initiatives on energy conservation in the UK. This book is primarily intended to provide guidance to those responsible for the design, installation, commissioning, operation and maintenance of building services. Fully updated to take account of the Building Regulations 2002 Part L revisions. Key reference tool for interior and exterior lighting. Illustrated in colour throughout.

**Building Services Engineering** David V. Chadderton, 2013-01-25 Engineering services within buildings account for ongoing energy use, greenhouse gas contribution and life safety provisions. This fully updated sixth edition of David Chadderton's leading textbook is the perfect preparation for those intending to enter this increasingly important field. Chapters addressing heating, climate change, air conditioning, transportation systems, water, gas, electricity, drainage and room acoustics cover all the key responsibilities of the building services engineer. As well as introductory material and the underpinning theory, practical guidance is provided in the form of sample calculations and spreadsheets. New material includes trends and recent applications in lowering the energy use by mechanical and electrical services systems, heating, cooling and lighting of buildings, case studies modelled from post occupancy reports to provide realistic discussion topics, examples of the use of photovoltaic solar panels, chilled beams, under floor air distribution, labyrinths, ground sourced heat pumps, district heating and cooling, energy performance certificates, energy auditing and wind turbines, outlines of the

concepts of global warming carbon trading and zero carbon buildings exercises in each chapter and online self study questions A significantly expanded companion site offers over 1 000 self test questions powerpoint slides for lecturers and an instructors manual enabling the rapid generation of lectures assignments and tests This is the ideal textbook for students of building services engineering as well as a comprehensive guide for those about to start work

**Lighting Guide 5** Society of Light and Lighting (Great Britain), Ken Butcher, 2011 Learning whether by discussion interaction practical application or formal lecture requires sufficient light to enable the pupils to see the visible information presented around them Whether in a primary school classroom or a professional lecture theatre whether for young or old the quality of light in the learning environment will directly affect our learning experience and indeed our motivation to learn Lighting Guide LG5 Lighting for education offers guidance on the lighting of all educational spaces including lecture theatres teaching rooms conference rooms special purpose rooms such as gymnasias art rooms and dance studios multi purpose rooms etc In addition to providing guidance on the lighting equipment and its positioning LG5 considers other important factors such as the decoration and finishes of rooms sightlines positioning of lighting controls and access doors all of which need to be taken into account from the earliest stages of the planning process

Building Services Journal, 2006

*Circadian Lighting Design in the LED Era* Maurizio Rossi, 2019-02-06 This book explores how lighting systems based on LED sources have the ability to positively influence the human circadian system with benefits for health and well being The opening chapters examine the functioning of the human circadian system its response to artificial lighting potential health impacts of different types of light exposure and current researches in circadian photometry A first case study analyzes the natural lighting available in an urban interior concluding that it is unable to activate the human circadian system over the entire year Important original research is then described in which systems suitable for artificial circadian lighting in residential interiors and offices were developed after testing of new design paradigms based on LED sources Readers will also find a detailed analysis of the LED products available or under development globally that may contribute to optimal artificial circadian lighting as well as the environmental sensors control interfaces and monitoring systems suitable for integration with new LED lighting systems Finally guidelines for circadian lighting design are proposed with identification of key requirements

Recommended Practice on Lighting for Educational Facilities, 2000

**Lighting** D.C. Pritchard, 2014-09-25 Lighting now in its sixth edition is the standard text on the principles and practice of lighting interiors and exteriors The book introduces all the main principles of light and colour along with the design of general lighting schemes It complies with the CIBSE lighting code and guides covers the main calculations that a lighting designer needs to do and includes worked examples The book starts with the theory of light and how it is perceived by the eye It looks at the units used and the subjective effect of colour The characteristics of various types of lamp are described along with luminaires the equipment that contains the lamps The effects of daylight on light levels indoors are described before going on to look at the design of general lighting schemes The

book concludes with chapters looking at lighting for specific applications including roadway lighting floodlighting and the interior of specific building types

**Building Services Design for Energy Efficient Buildings** Paul Tymkow, Savvas Tassou, Maria Kolokotroni, Hussam Jouhara, 2020-07-12 The role and influence of building services engineers are undergoing rapid change and are pivotal to achieving low carbon buildings However textbooks in the field have tended to remain fairly traditional with a detailed focus on the technicalities of heating ventilation and air conditioning HVAC systems often with little wider context This book addresses that need by embracing a contemporary understanding of the urgent challenge to address climate change together with practical approaches to energy efficiency and carbon mitigation for mechanical and electrical systems in a concise manner The essential conceptual design issues for planning the principal building services systems that influence energy efficiency are examined in detail These are HVAC and electrical systems In addition the following issues are addressed background issues on climate change whole life performance and design collaboration generic strategies for energy efficient low carbon design health and wellbeing and post occupancy evaluation building ventilation air conditioning and HVAC system selection thermal energy generation and distribution systems low energy approaches for thermal control electrical systems data collection controls and monitoring building thermal load assessment building electric power load assessment space planning and design integration with other disciplines In order to deliver buildings that help mitigate climate change impacts a new perspective is required for building services engineers from the initial conceptual design and throughout the design collaboration with other disciplines This book provides a contemporary introduction and guide to this new approach for students and practitioners alike

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