

These 30 Skills Are Crucial To Know Before Your CNA Skills Test:

1. Handwashing
2. Indirect care
3. Measuring blood pressure
4. Measuring body temperature
5. Measuring and recording pulse
6. Measuring and recording respiration
7. Measuring the output from a urinary bag
8. Ambulation with a gait belt
9. Feeding
10. Mouth care
11. Mouth care with dentures
12. Mouth care for an unconscious patient
13. Toileting with a bedpan
14. Hand and nail care
15. Foot care
16. Transferring to a wheelchair
17. Change of position in bed
18. Changing an occupied bed
19. Perineal care: female
20. Perineal care: male
21. Catheter care
22. Partial bed bath
23. Dressing a resident with a weak arm
24. Applying elastic support stockings
25. Body positions: supine, prone, lateral
26. Sims
27. Fowler's
28. Range of motion exercises (shoulder)
29. Range of motion exercises (elbow, wrist)
30. Range of motion exercises (hip, knee, ankle)

Cna Manual Skills Checklist

A Loxley



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